SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: PROFESSIONAL GROWTH V: NURSES INFLUENCING CHANGE CODE NO. : NURS 4056 SEMESTER: 7 **PROGRAM:** Collaborative Bachelor of Science in Nursing AUTHOR: Judith Horrigan (Laurentian University); Barb Engel (Sault College); Wendy Malesh (Sault College); Johanne Carbonneau (Northern College); Janet Binette (Cambrian College) **INSTRUCTOR: Barb Engel** Jan. 2013 DATE: PREVIOUS OUTLINE DATED: May 2012 **APPROVED:** Jan. 2013 "Marilyn King" CHAIR, HEALTH PROGRAMS DATE **TOTAL CREDITS:** 3 PREREQUISITE(S): NURS 3056, 3066. NURS 3046 HOURS/WEEK: 3 (classroom/LMS) Copyright ©2012 The Sault College of Applied Arts & Technology Reproduction of this document by any means, in whole or in part, without prior written permission of Sault College of Applied Arts & Technology is prohibited. For additional information, please contact the Chair, Health Programs School of Health, Wellness and Continuing Education (705) 759-2554, Ext. 2689

I. COURSE DESCRIPTION:

"Education either functions as an instrument which is used to facilitate integration of the younger generation into the logic of the present system and brings about conformity or it becomes the practice of freedom, the means by which men and women deal critically and creatively with reality and discover how to participate in the transformation of their world." Paulo Friere

This course explores the ways nurses can influence clients, the nursing profession, the healthcare system and society, generally, to facilitate the creation of a healthy environment. Emphasis is on strategies for enhancing nursing influence.

COURSE OVERVIEW

This course will explore the ways nurses can influence and create their future as professionals within the evolving health care system, and make significant contributions in bringing the caring, healing and health paradigm into present realities. By examining the settings in which caring and healing occurs, nurses will determine openings where change can take place and design effective strategies for enhancing nursing influence and quality care. With an emphasis on professional and personal growth, learners will also engage in the various roles of change agent within the work setting.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

ENDS IN VIEW

- examination of self in relation to the leadership and change process will be an essential component in finding a suitable fit between role expectations and personal attributes
- learners will explore dimensions of leadership and change within the evolving contexts of nurses' work and health care setting (clinical and political). They will expand their awareness of health care trends as they relate to the caring, healing and health paradigm and the significance they have for health care reform
- learners will develop and integrate their understanding of organizational and leadership theory by conducting a systems analysis in their clinical placement that will ultimately determine a systems need for change
- learners will test their own competencies in utilizing decision-making, communication, power, conflict resolution, change and leadership in case studies, role-plays, and an extensive change initiative in their work setting that will affect care quality outcomes
- learners, by exploring relevant key areas of nursing functions inside leadership roles in today's health care system, will demonstrate the relationship between core competencies and the actualization of influence

LEARNING PROCESS

Learners will have the opportunity to "try on" critical thinking, reflection, strategy development, and to explore various ways to influence change. As a senior level professional growth class, professional dialogue on relevant topics will be conducted through the use of scholarly web based discussions/postings. Through web based discussions key ideas, framework, and theory; learners will develop skills and knowledge which will then be transferred to situations in their clinical placement this term. This will be the opportunity to see theory and "walk the talk", and will provide a forum for learners to test their own leadership competencies in the real world. Each learner is expected to reflect upon the assigned readings and discuss the questions assigned in the learning activities through the LMS discussion postings. Throughout their experience, learners will receive ongoing coaching from their peers and faculty.

III. TOPICS:

CORE CONCEPTS

- Caring, healing and health paradigm
- Nurses' work and nursing futures
- Organizations and work environment as context- systems, cultures, institutions
- Leadership and management
- Change agency and influence
- Power, empowerment and political process
- Decision-making and delegation
- Communication and relationships
- Conflict and resistance
- Managing resources fiscal and human
- Quality as a measure of performance and care
- Managing influence and marketing change
- Nurturing professional growth in self and others
- Value based leadership

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

RESOURCES

Nursing students are encouraged to share references and resources which they have found through their self-directed readings and LMS discussions/postings. This forum will allow the class to move beyond the textbook towards current evidence and research related to the integral course themes. The literature and resources suggested within the learning activities are a starting point for further in-depth understanding.

Required Resources:

Kelly, P. & Crawford, H. (2013). *Nursing Leadership and Management*. (2nd Canadian Edition). Toronto: Nelson Education.

Additional Resources:

Student's Self-directed Readings and remaining chapters in Kelly and Crawford not included in Learning Activities

Canadian Nursing Leadership Study: http://publish.uwo.ca/~hkl/national_leadership_study/index.htm

Nursing Secretariat:

http://www.health.gov.on.ca/english/providers/program/nursing_sec/nursing_sec_mn.html

Canadian Nurses Association: Nursing Leadership: Position Paper: <u>http://www.cna-</u> <u>nurses.ca/CNA/documents/pdf/publications/PS59_Nursing_Leadership_June_2002_e.pdf</u>

RNAO: Developing and Sustaining Nursing Leadership: http://www.rnao.org/Storage/16/1067_BPG_Sustain_Leadership.pdf

Marquis, B.L. & Huston, C.J. (2008). *Leadership Roles and Management Functions in Nursing: Theory and Application.* (6th ed.) New York: Lippincott.

Hibberd, J.M. & Smith, D.L. (2006). *Nursing and Leadership Management in Canada* (3rd ed.). Toronto: W.B. Saunders.

V. EVALUATION PROCESS/GRADING SYSTEM:

| | Assignments | Due Date | | Value |
|----|----------------------------------|----------|-----------------------------------|-------|
| 1. | Data Collection Paper | Week 4 | (Feb. 1 st by 0830) | 25% |
| | Brief Outline of Theoretical/and | | ÷ / | |
| 2. | or Actual Change Project | Week 6 | (Feb 15 th by 0830) | 5% |
| 3. | Leadership Paper | Week 9 | (March 15 th by 0830) | 25% |
| | Leadership In A Theoretical/or | | | |
| 4. | Actual Change Project Paper | Week 12 | (March 29 th by 0830) | 45% |

<u>1. Data Collection Assignment</u>: 25% (750-1000 words)

This paper describes data collection and analysis of the organizational system of a clinical unit or placement area. Students will complete a short paper describing their baseline assessment of their clinical setting which may be used for initiating change. The paper should consist of the following sections:

a. a concise synthesis of the literature identifying/investigating one organizational system based on organizational and systems theory

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- b. the application and analysis of **your** particular clinical/placement experience of a key organizational elements (e.g. planning hierarchy, mission, vision, values etc.)
- c. a minimum of 10 peer reviewed articles

In the completion of this assignment, students should review the criteria for the final proposed/theoretical change project, since relevant data required for the proposed/theoretical change project plan may result from the completion of this first assignment.

Marking Scheme Assignment #1: 25%

| Literature Review of Organizational & Systems Theory | 12.5 marks |
|--|------------|
| Analysis and Application of Chosen Theory to | |
| Clinical/Placement Area | 12.5 marks |

2. Outline of Theoretical/and or Actual Change Project: 5% (1 page)

Complete a brief 1 page summary describing your proposed theoretical/and or actual change project that includes the following information. Discuss with your preceptor your ideas and obtain their signature after they have reviewed your project. Submit or fax a copy of the signed form to your course professor by Week 6. Credit for this assignment will not be released to the learner until this form is received.

| Student Name: | Date: |
|----------------------------|-------------------------|
| Student #: | Clinical Placement: |
| Email Contact Information: | |
| Preceptor Name: | Signature of Preceptor: |

Briefly describe your:

- Clinical placement area (acute care, community, med/surg. etc)
- Identified need/situation/ or focus of change project)
- Data collected to support need for change
- Change theory to be used
- Leadership style you will use to influence change
- Key stakeholders involved
- Goal and objective of change project
- Approval processes required (refer to organizational structures)
- Time lines to implement and complete project
- Your role as nurse leader to facilitate this change

¹/₂ mark for each bullet point = **5 marks**

3. Leadership Assignment: 25% (750 -1000 words)

The CNO (2002) professional standards inform that "Each nurse demonstrates his/her leadership by providing/facilitating and promoting the best possible care/service to the public" (p. 10).

In this assignment, the learner is expected to meet with a nurse in a leadership role, either formally or informally, in order to critically analyze leadership. The learner may choose a leader/manager, or may focus the leadership analysis on the leadership role of their preceptor/mentor.

In this assignment, the student will arrange an "interview" with the selected leader at their clinical/placement site. Based on scholarly reading regarding nursing leadership, power, empowerment and/or preceptorship/mentorship, students are to prepare a list of questions for the chosen leader so they may collect information pertaining to formal or informal leadership roles

and responsibilities. The learner should direct their analysis to the leadership style, qualities and characteristics related to the role of the leader you have selected. In the completion of this assignment, students should review the criteria for the final proposed/theoretical change project because relevant data needed for the proposed/theoretical change project plan may result from work done to complete this assignment.

The paper should consist of the following sections:

- a. a concise synthesis of the literature identifying/investigating nursing leadership, empowerment and its relation to the process of change
- b. the application and analysis of your chosen leader considering the key elements of leadership and empowerment theory identified in the literature review
- c. a minimum of 10 peer reviewed articles

Marking Scheme Assignment #2: 25%

| Literature Review of Leadership & Empowerment Theory | 12.5 marks |
|--|------------|
| | |

Analysis and Application of Leadership & Empowerment Theory 12.5 marks

4. Theoretical/and or Actual Change Project: 45% (10-12 pages)

In this major assignment, the learner will demonstrate the relationship between core competencies and the actualization of leadership influence in affecting positive change. "The emphasis is on strategies for enhancing nursing influence" (Course Description). Concurrent with analyzing the organizational structure or system and with analyzing the role of leadership within the clinical/placement setting (assignments 1 and 3), the student will begin to formulate a theoretical/and or actual change project which should include formal and/or informal input from key stakeholders. Students are to consult with the course professor to ensure their chosen project will facilitate their meeting the course objectives. A brief outline of the proposed change project either theoretical or actual is to be submitted to the course professor by Week 6 following the guidelines for Assignment #2. * **Students are not to do research (i.e. surveys, studies, questionnaires...) within the clinical setting that requires ethical approval for this assignment.**

Note: This project has 4 sections. The following three sections are to be included in the academic paper with points clearly identified in each of these sections for this assignment. Use of Appendices is recommended. The fourth section requires the learner to present their project to their colleagues in the on-line learning environment.

Section 1: Identification of need for change; change theory, learner's goals & objectives:

1. Provide a description of the assessment conducted within the clinical placement/setting that leads to the identification of the need for the proposed theoretical/and or actual change. How was the need identified? What data was collected to support the existence of the need? How do various people in the setting perceive the need? What evidence do you have to measure the degree to which the

need is felt? What organizational information supports the need for the proposed change project (e.g. demographics, organizational documents, staff surveys etc.)? Does literature, demographics epidemiology/research support the need in this and in other similar settings (reference same)?

- 2. Who are the key stakeholders involved in this change?
- 3. What change theory was used as a framework for the change project?
- 4. What are goal and objectives for the project and for the learner as a change agent/leader?

Section 2: Identification of Plan and Implementation of Change Project

- 1. Based on the identified need clearly state what the change project is about. Identify if a product will result from this project.
- 2. Depict how you planned and implemented the change activities using a project plan or model (e.g. project logic model, PERT chart, Gantt chart) (include appendices).
- 3. Provide a description of the events, both anticipated and spontaneous, that actually took place during the duration of the change project. Include details of planned implementation. The student must include how they sought approval or how they "would" seek approval within their institution/agency in order to initiate and facilitate a theoretical/and or actual and manageable change project. How were stakeholders and or staff involved in the project, what resources were needed, timelines to implement change, change strategies etc. (may keep a journal of events for reflection)
- 4. What leadership/organizational, empowerment theories guided or supported the planning and implementation of the change project and your role in it?

Section 3: Evaluation/Reflection (project/learner)

- 1. Evaluate the theoretical/and or change project (in process and outcome).
- 2. State how you evaluated or would evaluate the change project's outcomes. Identify if a product will be submitted to your clinical setting as part of the project evaluation.
- 3. Evaluate the process of change and your own performance as a change agent and leader. Include evaluations received from key stakeholders related to the change project and your leadership in it and your reflective responses to them.
- 4. Reflective description of what you have learned by initiating the project; impact on professional growth. Define and discuss the style of leadership and characteristics, behavioral approaches, you used in your role of a nurse leader and change agent

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5. Discuss one alternative approach to the change project that might have been more successful. If there is not one, explain why.

*Note: All change plans that cannot be seen to completion, **must state a transfer plan to a key stakeholder** (e.g. manager) in the organization to carry on any remaining work.

This final assignment is an academic referenced paper of 10-12 pages regarding a proposed theoretical based "process" of change in the clinical/placement setting, as well as the learner's proposed role as a "nurse leader influencing change." Support by the literature must be evident throughout the paper citing the relevant theory and scholarly sources for all decisions, explanations, analysis, evaluations and conclusions. A minimum of 10 peer review journals is required. Care must be employed to ensure that articles are relevant and contemporary.

Section 4: Presentation of the Project

All students are to prepare a brief power point presentation (maximum of 10 slides not including title slide) to be posted on LMS by April 5th at 8:30 am that summarizes the key sections of your final paper. References must be included in the slides. Learners are encouraged to review colleague's projects, responding to a minimum of one colleagues work. This response must be complete by April 5, 2013 at 2200hrs. Learners will satisfactory or unsatisfactory on this section of the project.

Template for power point slides (Briefly describe in bullet points your):

- 1. Clinical placement area (acute care, community, med/surg. etc.)
- 2. The change project you implemented, why this was needed, and key stakeholders
- 3. The change theory you used
- 4. Your role as change agent and the leadership style you used to influence change
- 5. How you planned and implemented the change activities using a project plan or model (e.g. project logic model, PERT chart, Gantt chart) (include chart on slide)
- 6. Describe the product or result from this change project.
- 7. Evaluate the theoretical/and or change project (in process and outcome).
- 8. What you have learned by initiating the project?
- 9. What would you have done differently?

Marking Scheme of Theoretical Change/and or Actual Project: 45%

| Section 1: Identification of need for change; change theory; learner's goals & objectives | 10 marks |
|--|----------|
| Section 2: Identification of Plan and Implementation of Change Project | 15 marks |
| Section 3: Evaluation/Reflection (project/learner) | 15 marks |
| Scholarly support throughout | 5 marks |
| | |

Section 4:

Satisfactory or Unsatisfactory

Assessment of the quality of the written work for all 3 assignments will consider:

- the extent to which the paper addresses each area of the assignment
- writing presentation in accordance with APA (includes spelling, grammar, and format) (10% of marks will be deducted if paper not in accordance with APA)
- paper submitted in accordance with School Guidelines

Submission of Written Assignments: Total marks -100%

<u>All</u> assignments are to be submitted electronically to the course professor via the LMS course site by the due date. (See schedule below.) Each assignment must be submitted via email to the LMS course professor using the following format; ASSN(1-4)1SurnameFirst Initial, example ASSN1EngelB

5. Evaluation: Learning Activities and Discussion Postings: Satisfactory or Unsatisfactory

NURS 4056 is primarily a web-based course. The discussion board postings are in lieu of on campus classroom learning activities, and are the foundations for your written assignments. In order to develop a conceptual and experiential understanding of the concepts and theories in this course, learners will be provided with the following learning activities and discussion board postings in which they will need to **personally** engage. Experiences arising from learning activities and the postings will be shared with other students in <u>active dialogue</u> so that experiences can be considered from a praxis perspective.

Discussion Postings

Students are responsible to meet the ends in view for this course through the following process: Group postings are limited to **300-350 words maximum** for the following reasons:

- Enhances your writing ability to express yourself in a clear, and cogent manner
- Enhances your critical thinking skills and critical evaluation of the literature
- Enhances your ability to synthesize the literature
- This is required to achieve a passing grade in the course.

Process for Weekly Postings:

- 1. Weekly readings are to be done according to the class schedule provided.
- 2. All students will be randomly assigned into one of ten groups.
- 3. Each week, one group will be assigned as the Lead group for one of the weekly learning activities.
- 4. The lead group will prepare a scholarly **300-350 words** posting in response to questions posed in the learning activities. Postings will be done every Friday morning by 8:30 am.
- 5. Four student groups will prepare and post a scholarly response (**200 words**) to the lead groups posting by the following Tuesday morning by 8:30 am).
- 6. The Lead group will then prepare a summary response to the other group's postings, due on Friday by 8:30 am.
- 7. Groups can choose to meet in person, email, or telephone in order to facilitate this. Individual groups may utilize the LMS course site to facilitate aspects of learning.

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Although groups are assigned to respond to specific learning activities all students have the opportunity to respond to any or all group postings individually to stimulate further thought or discussion.

| Lead Group Posting | Learning Activity | Post by Friday of Week 8:30 am | Groups Responding by Tuesday of Week | Summary Response of Lead Group by Friday of Week |
|--------------------------|---|---|---|---|
| Group 1 | LA1 Leadership, Management & Followership | Week 2 | Week 3 2,4,6,8 | Week 3 |
| Group 2 | LA2 Organizational Theory in Health Care | Week 3 | Week 4 3,5,7,9 | Week 4 |
| Group 3 | LA3 Initiating and Managing Change | Week 4 | Week 5 4,6,8,10 | Week 5 |
| Group 4 | LA4 Mentorship | Week 5 | Week 6 1,5,7,9 | Week 6 |
| Group 5 | LA5 Leadership and Empowerment | Week 6 | Week 8 2,6,8,10 | Week 8 |
| Group 6 | LA6 Power and Politics | Week 8 | Week 9 1,3,7,9 | Week 9 |
| Group 7 | LA7 Decision Making | Week 9 | Week 10 2,4,8,10 | Week 10 |
| Group 8 | LA8 Resource Management, Budgets, and Human Resources | Week 10 | Week 11 1,3,5,9 | Week 11 |
| Group 9 | LA9 Recruitment and Retention | Week 11 | Week 12 2,4,6,10 | Week 12 |
| Group 10 | LA10 Total Quality Management (TQM) & Continuous Quality Improvement (CQI) | Week 12 | Week 12 1,3,5,7 | Week 12 |

All assignments and LMS discussion postings must be completed in order to be successful and receive a final mark for this course.

GUIDELINES FOR WRITTEN ASSIGNMENTS

Written assignments are to be in APA format (6th ed.) unless specifically stated otherwise. Students may lose up to 10% of the total possible mark for poor form, spelling and grammar errors.

Late assignments will not be accepted unless a new due date has been negotiated with the course professor. This means that late assignments will be given a mark of zero if a new date has not been negotiated. Extension requests must be made prior to the due date and time. Extensions may be granted for up to five working days only. There will be a standard deduction of 10 % per day past the class due date listed in the course schedule. Extensions will not be granted without such deductions unless there are serious extenuating circumstances that can be supported with documentation.

Professional Comportment

This course will assist the student to explore numerous topics pertaining to nurse's work and work environments. Certain topics may result in a sense of discomfort and/or the need to express one's views. Students will be encouraged to explore situations and questions, while remaining open-minded to diverse viewpoints of colleagues. Professional dialogue is encouraged.

| | | Grade Point |
|----------|---------------|-------------------|
| Grade | Definition | <u>Equivalent</u> |
| A+ | 90 - 100% | 4.00 |
| А | 80 - 89% | 4.00 |
| В | 70 - 79% | 3.00 |
| С | 60 - 69% | 2.00 |
| D | 50 - 59% | 1.00 |
| F (Fail) | 49% and below | 0.00 |
| | | |

The following semester grades will be assigned to students:

| CR (Credit) | Credit for diploma requirements has been awarded. |
|-------------|---|
| S | Satisfactory achievement in field /clinical placement or non-graded subject area. |
| U | Unsatisfactory achievement in field/clinical placement or non-graded subject area. |
| Х | A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course. |
| NR W | Grade not reported to Registrar's office. Student has withdrawn from the course |
| | without academic penalty. |

NOTE: Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.